



**VII International Congress on Migration & Mental Health
Youth & Families Wellbeing matters in the context of Migration**

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EDUCATION AT THE BOTTOM OF OUR SOCIETY

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Being part of the ONG Familles du Monde since 2009 as an animator for children, I want to provide more practicing of values in the children education. The childhood and youth of each person determines how the person will be for the rest of her/his life. That's why education is so important, especially at school where one spends most of his/her time. To improve awareness about the migration process and mournings will help to reduce a lot of racism, discrimination, bullying etc. and develop abilities to really practice the social values.

The objectives are to create a better area of the everyday life, specifically at school, of the youth and children to let them develop their personality, multiple identities and critical mind. To reduce racism, discrimination, segregation, etc. starting with the teachers, to improve the pedagogy of the teachers. Improve the children emotions expression and improve the communication between teachers and pupils. To provide the pupils with a healthier mental education. Raise awareness about the migration process and mourning to let them flow better.

The activities would be interactive games or session to provide information and awareness about the migration process and the migration mournings. Those would be for the teachers and pupils separately, and adapted to each group. Some spaces and specific moments will be for the pupils to express their emotions, through games or arts and discussion coordinated by some trained monitors. During an activity they will present their different nationalities to build their multiple identities and be open to know some new ones. The activities for the teachers would be some role games to better understand the pupils and make them more aware of how they can influence them. Afterwards some workshops will help them find alternatives to improve their pedagogy. Racism, discrimination, bullying etc, shouldn't have a place in the everyday life of the children and youth.

To live in a better society, we must promote a better education. This project could contribute to this purpose.

Keywords:

Education – Youth - Children – Pedagogy – everyday life

About the author

Itzel is a student at the Sint-Jan Berchmans college in Brussels and studies singing at the Royal Conservatoire of Mons. Since 2009 she has participated in the activities of FaMiDo and was a monitor in the youth initiative: **'Ulysses in the Multicultural Youth of an Inclusive Europe'**.