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QUALITY OF LIFE, PSYCHOLOGICAL SYMPTOMS AND DISEASE PERCEPTION



IN IMMIGRANT MENTAL HEALTH PATIENTS

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The main results of part of an investigation carried out in a public mental health services in a northeast region of Spain will be exposed. The aim of this study is to examine the demographic, socioeconomic and clinical profile of patients who come to the specialized mental health service.

A one-phase prospective cross-sectional design study was carried out with follow-up visits 6 months later. The sample was 59 participants (60% women and 20% men) with an average age of 37.25. A semi-structured interview was carried out to collect socio-demographic data and four questionnaires were administered to measure: acculturation stress, psychological symptoms, quality of life and illness perception. The two most representative cultural groups were compared as well as the group of immigrants with the group of non-immigrant patients in the variables: quality of life and compliance of the visits.

Finally, it reflects on what to improve in the care of people of other cultures and if special services are needed to assist immigrant people.

Keywords:

Mental health, immigration, psychological symptoms, quality of life, disease perception

About the author

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